



Rajani FASD Assessment & Diagnostic Clinic Training Services

LINKS: A Newsletter for Alberta FASD Diagnostic Clinics

Welcome Spring

What were you doing 20 years ago? After investigating, I found a few noteworthy events that happened in the year 2000: the first crew to live on the International Space Station (ISS) arrives in space; the Summer Olympics are held in Sydney Australia; PlayStation 2 was released.

Another achievement, and one that reached a 20- year milestone, was the first pediatric FASD clinic completed by Lakeland Centre for FASD (LCFASD). Their core team members (some of whom are still actively involved as team members on their pediatric team) travelled to Seattle to be instructed on the University of Washington's 4-digit diagnostic code and clinic process. This June, LCFASD is planning a gala event to celebrate their 20- year anniversary. This occasion is a time to reflect on the accomplishments of LCFASD's first clinic coordinator, and later as their long-standing Executive Director. Audrey McFarlane has officially stepped down as the Executive Director, with Lisa Murphy's capable leadership taking over as the new ED for LCFASD. Audrey, along with the Board of the Directors, stakeholders, staff, and community supporters, developed and grew from FASD diagnostic services to a comprehensive and extensive network of programs and supports, including the 2nd Floor Woman Recovery Residence. Audrey is still at the forefront of FASD initiatives and research in her current role as the ED for Canada FASD Research Network; Cold Lake Women of Influence Committee Chair; and a member of Board of Directors for the Canadian Centre on Substance Use and Addiction (CCSA).

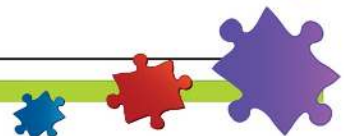
Not to underscore the importance of the COVID 19 virus and how it's impacting all aspects of our lives, the Rajani Clinic Training Project has postponed all upcoming training, meetings and other events. We are cognisant of the rapid changes and directions that are directed by provincial and federal health authorities, and will continue to provide mentorship, resources and any assistance through means other than face-face contacts. For those of you spending more time in your homes, check out the site below, where Paris museums put 100,000 images online for unrestricted public use!

https://kottke.org/20/01/paris-museums-put-100000-images-online-for-unrestricted-public-use?fbclid=IwAR36ini-NyzDz7-1gn4cDZXn8dny_fk2yaPGYkg4q-iTJsgYmFo0jsOIWU4

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March 2020 Vol. 35



Telehealth Pilot Update - Submitted by Amber Bell

Telehealth Assessment & Diagnostic Clinic Pilot Project

This pilot, which began June 2019, will be wrapping up within the next month. Telehealth could be a viable and desirable option for facilitating an FASD assessment and diagnosis, particularly for rural or remote communities, and instances when clinicians and other team members live in different regions. Some of these clinic tasks can be achieved by utilizing on-line communication platforms.

An external evaluator will be completing a final evaluation following project completion, but these are the benchmarks achieved to date:

- The two participating clinics are well-established and familiar with FASD clinic process: North West Central FASD & Lakeland Centre for FASD.
- Clinicians involved with this project bring extensive expertise, as well as long-standing involvement with numerous FASD clinics: Dr. Hasmukhlal (Hasu) Rajani, Pediatrician; Brent Symes (Ph.D.), Registered Psychologist; ShawnaLee Jessiman, Speech Language Pathologist.
- The Clinic Coordinator role remains the same as with regular clinic practice and includes identification of the referral, completion of necessary consents and documentation, gathering present and historical information and scheduling assessment and clinic dates. Each clinic has a support person, who was trained to set up the technology, sit with the child throughout all assessments, and complete an online survey following each assessment.
- Each pilot clinic identified 3 appropriate pediatric referrals. One pilot site has completed all assessments and case conferencing for their clients. The other clinic is set to complete the final two physician- caregiver interviews and case conferences by mid-April.
- All six children, ranging in age from 9 to 17, have successfully completed neurobehavioural and speech language testing using the on-line platform.
- Technology used is accessible and affordable, which includes a subscription to the on-line, secure meeting platform (GoToMeeting), a webcam, audio speaker/microphone and a laptop with a hard-wired internet connection.

Telehealth components:

Pediatric assessments – Neurobehavioural, Speech Language completed via GoToMeeting on-line, secure platform

Caregiver interview – completed with child's caregiver via GoToMeeting on-line platform, or Virtual Health, Alberta Health Services' telehealth infrastructure

Assessment of Sentinel Facial Features – using the University of Washington FAS Facial Photographic Analysis Software

Case Conference – clinic coordinators, clinicians, community agency representatives and caregivers are linked from multiple sites.

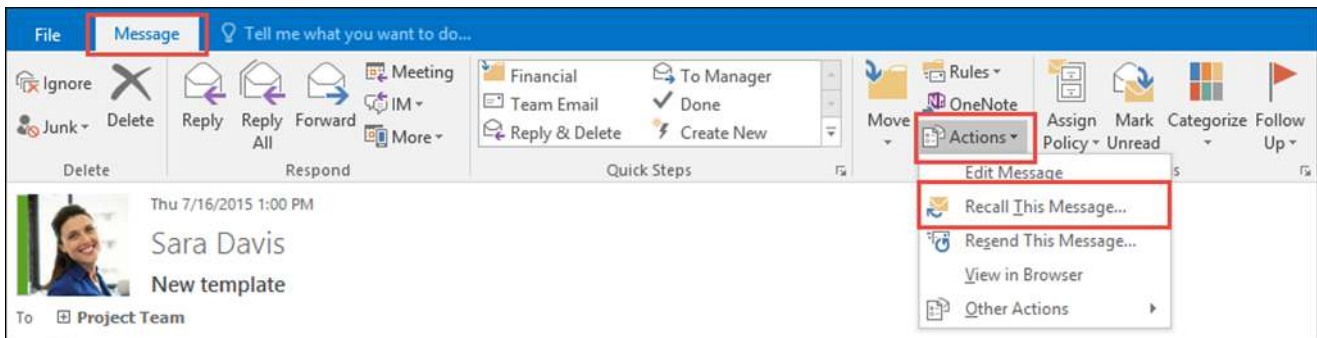


Recall or replace an email message that you sent

With message recall, a message that you sent is retrieved from the mailboxes of the recipients who haven't yet opened it. You can also substitute a replacement message. For example, if you forgot to include an attachment, you can try to retract the message, and then send a replacement message that has the attachment.

To recall and replace a message

1. In the folder pane on the left of the Outlook window, choose the **Sent Items** folder.
2. Open the message that you want to recall. You must double-click to open the message. Selecting the message so it appears in the reading pane won't allow you to recall the message.
3. From the **Message** tab, select **Actions > Recall This Message**.



4. Click **Delete unread copies of this message** or **Delete unread copies and replace with a new message**, and then click **OK**.

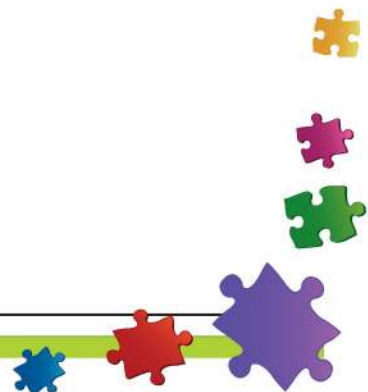


5. If you're sending a replacement message, compose the message, and then click **Send**.

Crystal's Miracle Minute Tips (Continued...)

****Starting the recall process doesn't mean that it will work out the way you intended. With today's internet speeds, that mistaken email is probably already waiting in someone's inbox, which creates a number of issues. Here are the factors that can nullify your recall—or at least make it more complicated.

- **Opening messages:** Basically, if a recipient opens your email, you can't recall it. The recipient can still get the recall message and note that you really wanted to delete the first email, but it will stay in their Outlook system anyway. When that email is opened, all bets are off. That's one reason why it's important to act quickly.
- **Redirects to other folders:** If your first message activated a filter and was rerouted to a folder that isn't the inbox, then your recall will fail. Bottom line, the recall option can only affect emails that stay around in the inbox. If the first message is waiting elsewhere, it won't go away.
- **Public folders:** Public folders can make things complicated because if anyone reads your first email, the recall will fail. It doesn't matter which recipient or login account tags the email as read, it's still too late.
- **Additional email apps:** The recall function is designed to work with Outlook. If you are sending it to someone who uses Gmail, for example, you can't expect the recall option to work.
- **Mobile apps:** If you are using Exchange ActiveSync settings for Outlook on mobile devices, then the recall option may not work either. This happens because the system is trying to juggle different versions of Outlook as it syncs and it can't complete the process, especially if your mobile device is offline.



Call for Abstracts-LCFASD Conference



CALL FOR ABSTRACTS

FASD and the Justice System: Finding Solutions

New Research and Innovative Practices

October 1-2, 2020 **Cold Lake, Alberta**

ABSTRACT SUBMISSION DEADLINE: April 15, 2020

ABSTRACT SUBMISSION GUIDELINES

Abstracts must be submitted to admin@lcfasd.com. Please include ABSTRACT in the subject line.

Please include the following information:

1. Presentation title and preferred format option:
 - 3 hour half day sessions
 - 90-minute sessions
 - 15 minute oral papers

All sessions must allow a minimum of 25% of the presentation time for discussion and interaction between presenter(s) and the audience.
2. List all authors and their affiliations, including suffixes. Provide brief, 75 word biographies for each presenter.
3. Provide an abstract of 400 words maximum including (if applicable) background/rationale, conclusions, methods and results.
4. Provide 2-4 learning objectives. Learning Objectives must be specific to what you will present, AND learner orientated.
5. You must include a paragraph that addresses the following two questions:
 - What do you believe to be the broader relevance to your work in the field and to individuals with FASD involved with Justice?
 - What questions has your work identified or what else has arisen from your work that research may be able to answer?

Please Note:

All presenters of accepted abstracts will be offered a reduced registration fee. Honoraria, accommodation, travel and other associated expenses are not covered by the conference. Accepted presenters should presuppose prior knowledge of FASD.

www.lcfasd.com 4823 50 Street Cold Lake, AB (p) 780-594-9905

**Category "A" credits available for RSW's



Save the Dates, Links & Such

Save the Date

June 26, 2020

"Celebrating 20 years of service in the Lakeland"



20 Years

Lakeland Centre for FASD Gala

Seeing Clearly For 20 Years!

CONTACT US:
Telephone: 780-594-9905
Email: admin@lcfasd.com

Please stay tuned for more information regarding our 20 year Celebration.



SAVE THE DATE!

Connections for the Journey

FASD Conference

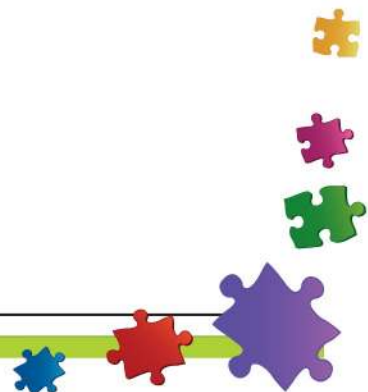
October 1, 2 & 3, 2020

Conference Location: High Level, Alberta

www.nwr-fasd.ab.ca



"Difficult roads often lead to beautiful destinations."



Save the Dates, Links & Such (continued...)

Medicine Hat, Bridges Family Programs

Since this February, Jessica Siewert is the FASD Clinic Coordinator and Consultant with Bridges Family Programs in Medicine Hat. She has a M.Ed. in Counselling Psychology and previous to this, worked in Career Development and Education. She is excited to learn about her new role of working with families going through the FASD assessment/diagnostic process and supporting others who are implementing recommended supports and strategies. Kianne Schlamp has been with FASD Assessment & Support Services (FASS) team since October, 2019, after graduating from the Social Work Program in Medicine Hat in 2017. After a couple of different social work positions in the community, she feels her true calling is with the FASS team and looks forward to opportunities to positively advocate for her clients.

Prairie Central FASD Network

Cathy Cross joined Prairie Central FASD Network in September, 2019 as their new Network Coordinator. Cathy is familiar with many FASD clinics after spending two years with the FASD & Disability Initiatives portfolio with the Government of Alberta. She brings more than 25- years experience in the not-for- profit sector and is very happy to be back in the Camrose area and closer to her family.

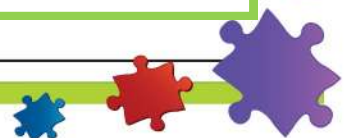
Medigene: Farewell!

After services to thousands of clients over the past 21 years, Medigene FASD Diagnostic Clinic services in Calgary is retiring as of March 31 2020. Suzanne Johnson, Diagnostic Team Leader and owner of Medigene FASD services is transitioning to a well-deserved retirement. Best wishes Suzanne! Soon, there will be a website for anyone who needs to contact Suzanne with questions or information about past assessments or other direction. This site will be posted in future Links newsletters.



CONGRATULATIONS

Kerri (Coordinator for North East Fetal Alcohol Network) and Robin welcomed Simon James on Jan 31 weighing 7lbs 1 oz at 1:57 in Fort McMurray.



FASD Assessment & Diagnostic Clinic

Contact List

Updated: March 2020

C | Child Clinic A | Adult Clinic

Cumulative Risk Diagnostic Clinic (C)

Child Development Centre
Alberta Children's Hospital
2888 Shaganappi Trail NW
Calgary, AB T3B 6A8
Phone: 403-955-5878
Contact: Bernadette Jesse
Bernadette.Jesse@ahs.ca

Siksika FASD Clinic (C)

Box 1130
Siksika, AB T0J 3W0
Phone: 403-734-5687
Contact: Vanessa Buckskin
vanessab@siksikahealth.com

Central Alberta FASD Network Clinic (C) (A)

#206-33 McKenzie Cres.,
Red Deer County, AB T4S 2H4
Phone: 403-342-7499, ext. 2
Contact: Allyssa deHeer
adeheer@fasdca.ca

Pediatric FASD Clinical Services, (C)

Glenrose Rehabilitation Hospital
10230-111 Avenue
Edmonton, AB T5G 0B7
Phone: 780-735-8278
Contact: Diane Plouffe
Diane.plouffe@ahs.ca

Glenrose Adult FASD Assessment Clinic (A)

Glenrose Rehabilitation Hospital
10230-111 Avenue
Edmonton, AB T5G 0B7
Phone: 780-735-6166
Contact: Bernadene Mallon
Bernie.Mallon@ahs.ca

Canadian FASD Diagnostic & Training Centre (C) (A)

316 Kingsway Garden Mall NW
Edmonton, AB T5G 3A6
Phone: 780-471-1860
Contact: Morgan Dumville
info@dvmasse.com

Centrepont Young Offender Program (C)

Suite 701, 10242- 105 Street
Edmonton, AB T5J 3L5
Phone: 780-428-4524, ext. 227
Contact: Roxanne Pereira
Roxanne.Pereira@ahs.ca

Lakeland Centre for FASD (C) (A)

P.O. Box 479
Cold Lake, AB T9M 1P3
Phone: 780-594-9905
Contact: Tia Luedee
tluedee@lcfasd.com

Northwest Primary Care Network (C)

Children and Youth FASD Diagnostic Clinic,
11202-100 Avenue
High Level, AB T0H 1Z0
780-841-3253
Contact: Cheryl Cunningham-Burns
Cheryl.Cunningham-Burns@ahs.ca

Northwest Regional FASD Society-Mackenzie Network (A)

Box 3668
High Level, AB T0H 1Z0
Phone: 780-926-3375
Contact: Kimber Lepensee
clinic.fasdsociety@telus.net

Complex Needs Diagnostic Clinic (C)

Wapski Mahikan Society, Alexander First Nation
Box 3479 Morinville, AB T8R 1S3
[P] 780.853.7723
Contact: Amber Bell
adbelle@ualberta.ca

This clinic contact list is maintained and updated, and is in each Links newsletter. It is frequently sent to AB government stakeholders, CMC, upon request to research and other projects, such as the common data form project. Having your correct information is important to us. If there are changes to your clinic contacts (address, ph. number, coordinator changes), please email clinictraining@lcfasd.com
Please check your clinic contact information in this issue. Thanks!

FASD Assessment & Diagnostic Clinic

Contact List

Updated: March 2020

C | Child Clinic A | Adult Clinic

Alberta Health Services/NEAFAN (C) (A)

600 Signal Road
Fort McMurray, AB T9H 3Z4
Phone: 780-750-6678
Contact: Marguerite Fitzpatrick
Marguerite.Fitzpatrick@ahs.ca

NW Peace FASD Diagnostic Clinic (C) (A)

#204, 9805-97 Street
Grande Prairie, AB T8V 8B9
Phone: 780-533-5444
Contact: Jen Duperron-Trydal
Jen@nwfasd.ca

Northern Association for FASD (C) (A)

P.O. Box 3334, 4826-51 Ave.
High Prairie, AB T0G 1E0
Phone: 780-523-3699
Contact: Charlene McLay
nafasd@telus.net

North West Central FASD Assessment & Diagnostic Team (C) (A)

Box 5389
Westlock, AB T7P 2P5
Phone: 780-284-3415
Contact: Sharon Pearcey
sharonp@nwcfasd.ca

Pediatric Specialty Clinic, (C)

Children's Rehabilitation Services-Central Zone
300 Professional Centre
5015-50 Avenue,
Camrose, AB T4V 3P7
Phone: 780-608-8622
Contact: Lorraine McPhee
Lorraine.McPhee@ahs.ca

Prairie Central FASD Clinical Services (A)

4838-49th Street,
Camrose, AB T4V 1N2
Phone: 587-386-0186
Amanda Lindholm
a.lindholm@prairiecentralfasd.ca

FASD Assessment and Support Services (C) (A)

Bridges Family Programs
477 Third Street SE
Medicine Hat, AB T1A 0G8
Phone: 403-526-7473
Contact: Louisa Clapper
FASD.bridges@memlane.com

Lethbridge Family Services-DaCapo Services (C) (A)

FASD Assessment & Diagnostic Clinic
1107-2nd Ave. "A" N.
Lethbridge, AB T1H 0E6
Phone: 403-320-9119
Contact: Jennifer Vanderkooij, jvanderkooij@lfsfamily.ca
Krista Tittlemier, Ktittlemier@lfsfamily.ca

Alberta Hospital Edmonton-Turning Point Program (ages 12-21 yrs.)

17480 Fort Road, Box 307
Edmonton, AB T5J 2J7
Phone: 780-342-5002
Contact: Sherry Muscat, Reg. Psychologist
Sherry.muscat@ahs.ca

Foothills FASD Assessment and Diagnostic Clinic (C) (A)

Box 5146
101, 520 Macleod Trail
High River, AB T1V 1M3
Phone: 403-652-4776
Contact: Kathy Lambourn
Kathy.lambourn@foothillsfas.com

Enviros Neurodevelopmental Assessment and Diagnostic Centre (C) (A)

#220, 3115-12th St NE,
Calgary, AB T2E 7J2
Phone: 587-390-7045
Contact: Rita Spark
ndc@enviros.org

Mustard Seed FASD Clinic
1010 Centre St. SE
Calgary, AB T2G 0V8
Phone: 587-393-4021
Contact: Erin Bareham
Erinbareham@theseed.ca

Our strength will grow through community

