Rajani FASD Assessment & Diagnostic Clinic Training Services

LINKS: A Newsletter for Alberta FASD Diagnostic Clinics

This first page of Links often highlights important topics. This being my final Newsletter, the message I want to emphasize is appreciation for your work as clinic coordinators, members of clinic teams and other stakeholders. The Rajani Clinic Training Services is celebrating 10 years of service this year. With this milestone, it's important to reflect on the contributions, input, and influences of clinic and network coordinators; team members; our committed training professionals; Cross Ministry Committee representatives, and stakeholders who have supported the services over the past decade. Your input, feedback and participation have helped the Rajani Clinic Training Services adjust and respond to the needs and requests from clinics. We strive to align with research and best practices when developing manuals, best practice guides and resources, but also understand the realities of the challenges and the strengths of individual clinics. The work we do can't take place without clinics engaging with us over the past 10 years. A special recognition for Audrey McFarlane's leadership and direction for the program cannot be understated. This has been a large part of our success.

One important piece I'm taking away from this position are the relationships built with each of you. Your trust and confidence in our work is valued when we ask you to complete surveys, attend meetings, training and other events. Your willingness to participate in pilot and other projects is not taken for granted. The friendships and personal connections I have made over the years has been a rewarding part of the position and one of the main reasons why the job has been so gratifying.
With COVID once again dictating how we connect, the Annual Clinic Coordinator Meeting adjusted quickly to a virtual venue this past September. Thanks to everyone who modified their presentations to seamlessly transition to this mode. 41 attendees participated, with presenters doing an amazing job of engaging discussion and answering questions.

As my role changes transitions away from the clinic training coordinator position, I welcome the opportunity to keep in touch with you. My email beyond October 31st, 2021 is cburns99@telus.net

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Acknowledging the Team

Dr. Hasu Rajani (FRCPC, Professor, Pediatrics, Director (Interim), Division of General Pediatrics, Faculty of Medicine & Dentistry, University of Alberta) has been with the Rajani Clinic Services since its beginnings in 2011. Having Dr. Rajani as the namesake of these services is a tribute to his commitment, expertise and dedication to the goals and direction over the past decade. Over the past 10 years, he has trained over 35 new and current teams throughout AB and other jurisdictions with face-face sessions, as well as hundreds of attendees during virtual training events. He is respected and recognized for his involvement as the medical clinician with a number of FASD teams in Alberta and as a presenter, author of papers, and leading pilot projects and other initiatives.

Brent Symes, Ph.D. is a Registered Psychologist in Private Practice with Randall Symes Psychological Services in Edmonton. He has been a member of the Lakeland Centre for FASD diagnostic clinic team for 15 years, and also works on FASD Diagnostic clinics in Yellowknife, NWT, as well as the North West Central, Grande Prairie, Ft. McMurray, Calgary and High Level regions of Alberta. Dr. Symes has delivered training for numerous FASD Clinic teams throughout Alberta and other regions in Canada, including: Quebec, Nunavut, Ontario, Saskatchewan, Northwest Territories, and Newfoundland and Labrador. He manages a busy private practice and also spends considerable time completing assessments for various school jurisdictions. He has been a key member of the Rajani Clinic Training Services since 2011.

Monty Nelson Ph.D., R.Psych. (AB, SK, NT, NU) has been registered as a psychologist since 1998 and is an Adjunct Professor of Educational Psychology at the University of Alberta. Currently he works in full-time private practice in Edmonton, conducting neuropsychological assessments in Edmonton, the Prairie Provinces, and all three northern territories. He is a clinician and consults with many adult FASD teams including the NW Central AB FASD team, and Lakeland Centre for FASD. He has presented provincially, nationally, and internationally on the topic of FASD. Over the past 10 years, he has done contract assessments for offenders with FASD in community, and correctional facilities in AB, SK, and Yukon. He is doing more legal work, including pre-trial and pre-sentencing evaluations on adults with a variety of charges ranging from breach of probation to homicide. Monty has delivered training to numerous FASD clinics for the Clinic Training Services, as well as presenting at Community of Practice events.

Acknowledging the Team

Leigh Wincott, B.Sc. (Hons) MD, FRCPC Pediatrician. Dr. Wincott is a Clinical Associate Professor at the University of Alberta and a Consulting Pediatrician for High Level, Cold Laken and the Northeast Community Health Centre in Edmonton. He is also a Pediatrician at the Glenrose Rehabilitation Hospital, the Clinical Teaching Unit at the Stollery Children's Hospital, Edmonton, and medical staff at CASA. Dr. Wincott has been an active member of FASD diagnostic teams since 1998 when he started the first rural/remote clinic in Canada based out of Thompson, Manitoba. He is currently a member of the Lakeland Centre for FASD, Mackenzie FASD Network (High Level) and Glenrose FASD diagnostic clinics. He has participated in and delivered diagnostic team training for many years and has written papers on FASD related topics. Dr. Wincott has delivered training for many AB based FASD teams, as well as other regions of Canada.

Dr. Mansfield Mela (MBBS, FWACP, MSc Psych, FRCPC), Professor, Department of Psychiatry, University of Saskatchewan, is an academic forensic psychiatrist and a Founder of the forensic subspecialty in Canada. Dr. Mela has trained youth and adult clinic teams for the Rajani Clinic Training Services over the past 8 years, including the Mustard Seed Adult FASD clinic; Yellowknife-Stanton Hospital Adult clinic, Regional Psychiatric Centre-Saskatoon, and the Calgary Adolescent Forensic Assessment Centre. He has also presented at Community Practice meetings for the Clinic Training Services, with attendees from many Canadian jurisdictions.

"Teamwork is the ability to work together toward a common vision, the ability to direct individual accomplishments toward organizational objectives. It is the fuel that allows common people to attain uncommon results."

Andrew Carnegie – Business Magnate and Philanthropist

Welcome Kayla Vick

Good Afternoon Clinics,

I am excited to introduce you to Kayla Vick! Kayla will be joining the Rajani Clinic Training Team as the new Clinic Training Coordinator. Some of you may have met Kayla over the past 6 years in one of various roles at LCFASD. Most recently, Kayla was supervisor of the 2nd Floor Women's Recovery Centre; she has extensive knowledge in FASD as well as supporting women who have used substances during their pregnancies. This experience should be very useful in helping clinics with talking to birth moms and collection of prenatal alcohol exposure. As LCFASD is an integrated service, Kayla has spent time in all the programs including diagnostics, so is quite familiar with the process and has participated in a number of clinic training events, including the LCFASD clinic retreats. Kayla brings a wealth of organizational skills to the position as well as excellent communication.

Kayla will be reaching out to all the clinics to introduce herself and get to know each of you and your clinics unique structure. Please share with her the things you are struggling with and have found success with. She will immediately be organizing the LINKS newsletter and other community of practice training. As with Colleen, Kayla currently lives out of province but will continue to spend considerable time in Alberta as needed. Hopefully, Covid passes one day and we can once again meet in person.

I want to personally, reassure you that LCFASD has a strong transition plan in place. I know that you will each welcome Kayla to the position and share with her your concerns and needs. The rest of the LCFASD – Rajani Training team will remain the same. Part of our transition plan has been to consult with Audrey McFarlane, the program founder to ensure that as we move forward we stay true to the intention of the project, which is to provide support and training to Alberta FASD clinics. There is no plan to change the direction of the project but to carry on the good work already established and address the emerging needs of clinics.

Welcome to the team, Kayla!

Lisa Murphy, Lakeland Centre for FASD, Executive Director

Welcome and Farwell's

Michelle Perron is the new clinic coordinator for NW Peace FASD clinic. Michelle has been involved with the Clinic for the past 8 months and has a very good understanding and aptitude for clinic process.

Jen Duperron-Trydal is moving into the new Coaching position with the NW Peace Network. Congratulations!

The Pediatric FASD coordinator position with Primary Care Network in Mackenzie region is still vacant. **Wanda Beland and Kimber will Lepensee** be coordinating this in the interim.

Thanks to **Kelly Roger's** for her work with the project over the past few months.

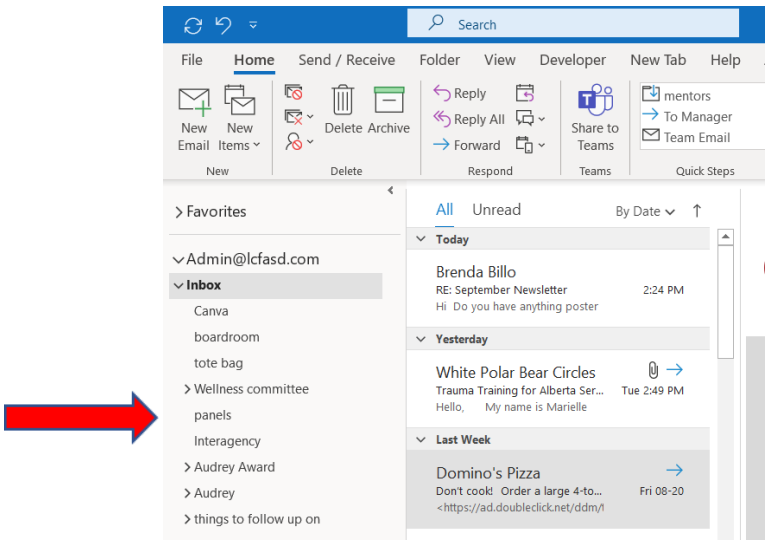
Miranda Braun replaces Krista Tittlemier as the adult FASD clinic coordinator with Lethbridge Family Services (LFS). Miranda has worked for LSF for 8 years and has been closely connected with the clinic.

Amber Bell worked closely with Colleen Burns and the rest of the Rajani FASD Ax and Dx clinic training services for over the past 3 years. She developed many useful resources, including the Disability Tax Credit TIPS sheet, and assisted with training and coordinating the Telehealth Pilot project. Amber's role as coordinator for the Alexander FASD clinic, and other commitments are now priority as she transitioned out of the role as assisting the Clinic Training Services.

Crystal's Miracle Minutes

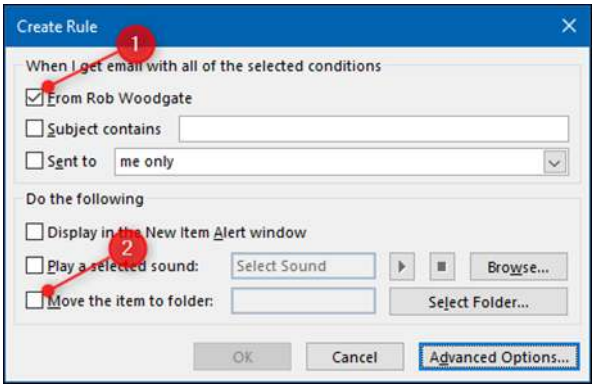
How to Automatically Sort Emails Into Specific Outlook Folders

One way to get your email under control is to have Outlook automatically sort incoming messages to specific folders. What this means is certain incoming emails you specify wouldn't go into your inbox but be automatically moved to a folder of your choice.
FYI - This tip is only useful to those who use folders to organize emails in Outlook.

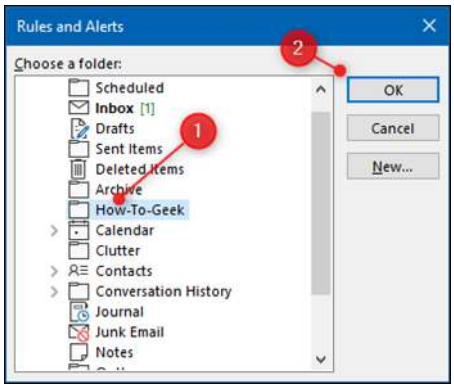


Creating Simple Rules

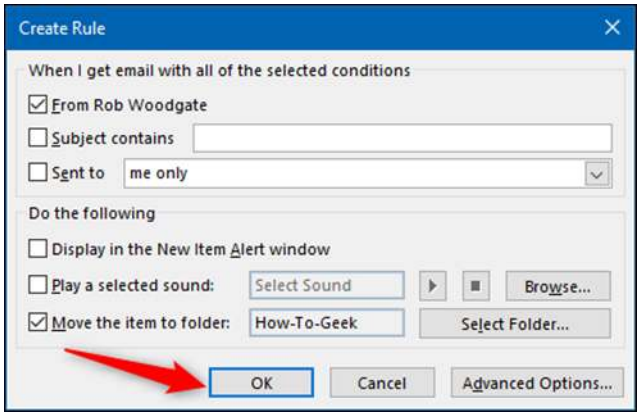
- To create a rule, open your Outlook inbox, right-click an email you want to sort automatically, a menu will drop down, click Rules > Create Rule.
- The Create Rule window opens. Click the checkbox next to the name of the person. This tells Outlook to apply the rule to any emails from that address. Next, click the "Move the Item to Folder:" checkbox.



- In the window that opens, select the folder you want to move the emails to (or click "New" to create a new folder), and then click "OK."



- Your rule is now ready to go, so click "OK."



- A confirmation dialogue appears. Click the "Run this rule now on messages already in the current folder" checkbox, and then click "OK."

From now on, any emails from that address will go to the folder you chose.

Save the Date

Department of Psychiatry
University of Saskatchewan

PARTICIPANTS NEEDED FOR RESEARCH ABOUT THE EFFECTS OF CANNABIS ON ADULTS WITH FASD

TELL US WHETHER OR NOT POT HELPS WITH YOUR SYMPTOMS OF FASD

As a participant in this study, you will be asked to:

1. Complete an anonymous online survey that will take about 30 to 90 minutes

TO COMPLETE THE SURVEY VISIT
https://redcap.usask.ca/redcap/surveys/?s=AHCL7F7FF3

2. **Volunteer for ONE confidential online focus group session.** The session will include 4 other adults with FASD. Focus groups are approximately **90 minutes** with frequent breaks. **You will receive an honorarium for taking part in the focus groups**.

For more information about this study, or to volunteer for this study, please contact: *Monique Reboe-Benjamin,* Research Assistant, Department of Psychiatry at 306-844-1335 or email: mpr795@usask.ca

This study has been approved by the University of Saskatchewan Behavioural Research Ethics Board

usask.ca

Department of Psychiatry
University of Saskatchewan

PARTICIPANTS NEEDED!

Participants must be:
1) a caregiver for an adult with FASD
or
2) a service provider providing care to adults with FASD-counsellor, healthcare provider, case worker, etc.

TELL US WHAT YOU HAVE OBSERVED IN ADULTS WITH FASD WHO USE POT

As a participant in this study, you will be asked to:

1. Complete an anonymous online survey (duration approx. 30 minutes)

TO COMPLETE THE SURVEY VISIT
https://redcap.usask.ca/redcap/surveys/?s=L4WKTFX33Y

2. **Volunteer for ONE confidential online focus group session.** The session will include 4 to 7 other caregivers/ service providers. Focus groups are approximately **90 minutes** with frequent breaks. **You will receive an honorarium in appreciation for taking part in the focus groups**.

For more information about this study, or to volunteer for this study, please contact: *Monique Reboe-Benjamin,* Research Assistant, Department of Psychiatry at 306-844-1335 or Email: mpr795@usask.ca

This study has been approved by the University of Saskatchewan Behavioural Research Ethics Board

usask.ca

Let's Continue the Conversation: FASD and the Justice System

Working Towards Better Outcomes

Virtual 2-day Conference
October 5th & 6th, 2021
Registration is now open

Ticket Price - $225.00
Early Bird Ticket Price - $199.00 (before July 31, 2021)

Register through Eventbrite:
See hyperlink in description - browser to view event is Google Chrome

Please visit our website for more information https://lcfasd.com/virtual-events/

Link to Eventbrite for FASD Conference registration :

https://www.eventbrite.ca/e/lakeland-centre-for-fasd-conference-2021-registration-161025823573

780-594-9905

FASD Assessment & Diagnostic Clinic
Contact List
Updated: September 2021
C| Child Clinic A| Adult Clinic

Cumulative Risk Diagnostic Clinic (C)
Child Development Centre
Alberta Children's Hospital
2888 Shaganappi Trail NW
Calgary, AB T3B 6A8
Phone: 403-955-5878
Contact: Bernadette Jesse
Bernadette.Jesse@albertahealthservices.ca

Siksika FASD Clinic (C)
Box 1130
Siksika, AB T0J 3W0
Phone: 403-734-5687
Contact: Vanessa Buckskin
vanessab@siksikahealth.com

Central Alberta FASD Network Clinic (C) (A)
#206-33 McKenzie Cres.,
Red Deer County, AB T4S 2H4
Phone: 403-342-7499, ext. 2
Contact: Allyssa deHeer
adeheer@fasdca.ca

Pediatric FASD Clinical Services, (C)
Glenrose Rehabilitation Hospital
10230-111 Avenue
Edmonton, AB T5G 0B7
Phone: 780-735-8278
Contact: Diane Plouffe
Diane.plouffe@albertahealthservices.ca

Glenrose Adult FASD Assessment Clinic (A)
Glenrose Rehabilitation Hospital
10230-111 Avenue
Edmonton, AB T5G 0B7
Phone: 780-735-6166
Contact: Bernadene Mallon
Bernadene.Mallon@albertahealthservices.ca

Canadian FASD Diagnostic & Training Centre (C) (A)
316 Kingsway Garden Mall NW
Edmonton, AB T5G 3A6
Phone: 780-471-1860
Contact: Morgan Dumville
info@dvmassey.com

Centrepoint Young Offender Program (C)
Suite 701, 10242- 105 Street
Edmonton, AB T5J 3L5
Phone: 780-428-4524, ext. 227
Contact: Roxanne Pereira
Roxanne.Pereira@albertahealthservices.ca

Lakeland Centre for FASD (C) (A)
P.O. Box 479
Cold Lake, AB T9M 1P3
Phone: 780-594-9905
Contact: Tia Luedee
tluedee@lcfasd.com

Northwest Primary Care Network (C)
Children and Youth FASD Diagnostic Clinic,
11202-100 Avenue
High Level, AB T0H 1Z0
780-841-3253
Contact: Vacant Position

Northwest Regional FASD Society-Mackenzie Network (A)
Box 3668
High Level, AB T0H 1Z0
Phone: 780-926-3375
Contact: Kimber Lepensee
clinic@nwr-fasd.ab.ca

Complex Needs Diagnostic Clinic (C)
Wapski Mahikan Society, Alexander First Nation
Box 3479 Morinville, AB T8R 1S3
[P] 780.853.7723
Contact: Amber Bell
adbell@ualberta.ca

This clinic contact list is maintained and updated, and is in each Links newsletter. It is frequently sent to AB government stakeholders, CMC, upon request to research and other projects, such as the common data form project. Having your correct information is important to us. If there are changes to your clinic contacts (address, ph. number, coordinator changes), please email clinictraining@lcfasd.com
Please check your clinic contact information in this issue. Thanks!

FASD Assessment & Diagnostic Clinic
Contact List
Updated: September 2021

C| Child Clinic A| Adult Clinic

Alberta Health Services/NEAFAN (C) (A)
600 Signal Road
Fort McMurray, AB T9H 3Z4
Phone: 780-750-6678
Contact: Marguerite Fitzpatrick
Marguerite.Fitzpatrick@albertahealthservices.ca

NW Peace FASD Diagnostic Clinic (C) (A)
#204, 9805-97 Street
Grande Prairie, AB T8V 8B9
Phone: 780-533-5444
Contact: Michelle perron
michelle@nwfasd.ca

North West Central FASD Assessment & Diagnostic Team (C) (A)
Box 5389
Westlock, AB T7P 2P5
Phone: 780-284-3415
Contact: Sharon Pearcey (C) sharonp@nwcfasd.ca
Jenn Pasic (A) jennp@nwcfasd.ca
(A) 780-974-7112

Pediatric Specialty Clinic, (C)
Children's Rehabilitation Services-Central Zone
300 Professional Centre
5015-50 Avenue,
Camrose, AB T4V 3P7
Phone: 780-608-8622
Contact: Lorraine McPhee
Lorraine.McPhee@albertahealthservices.ca

Prairie Central FASD Clinical Services (A)
#205, 4917 50 Ave
Camrose, AB T4V 0S2
Phone: 587-386-0186
Amanda Lindholm
a.lindholm@prairiecentralfasd.ca

Lethbridge Family Services-DaCapo Services (C) (A)
FASD Assessment & Diagnostic Clinic
1107-2nd Ave. "A" N.
Lethbridge, AB T1H 0E6
Phone: 403-320-9119
Contact: Miranda Braun mbraun@lfsfamily.ca
Fayla Vedres fvedres@lfsfamily.ca

Alberta Hospital Edmonton-Turning Point Program (ages 12-21 yrs.)
17480 Fort Road, Box 307
Edmonton, AB T5J 2J7
Phone: 780-342-5002
Contact: Sherry Muscat, Reg. Psychologist
Sherry.muscat@albertahealthservices.ca

Foothills FASD Assessment and Diagnostic Clinic (C) (A)
Box 5146
101, 520 Macleod Trail
High River, AB T1V 1M3
Phone: 403-652-4776
Contact: Kathy Lambourn
Kathy.lambourn@foothillsfas.com

Enviros Neurodevelopmental Assessment and Diagnostic Centre (C) (A)
#220, 3115-12th St NE,
Calgary, AB T2E 7J2
Phone: 587-390-7045
Contact: Holly Jopling
ndc@enviros.org

Mustard Seed FASD Clinic (A)
1010 Centre St. SE
Calgary, AB T2G 0V8
Phone: 587-393-4021
Contact: Erin Bareham
Erinbareham@theseed.ca

FASD Assessment and Support Services (C) (A)
Bridges Family Programs
477 Third Street SE
Medicine Hat, AB T1A 0G8
Phone: 403-526-7473
Contact: Louisa Clapper
FASD.bridges@memlane.com

Our strength will grow through community