



Rajani FASD Assessment & Diagnostic Clinic Training Services

LINKS: A Newsletter for Alberta FASD Diagnostic Clinics

INSIDE THIS ISSUE...

December 2021 Vol. 42

- Welcomes • Meet & Greet: Phone Survey Input
- Research & Resources • Courses & Conferences • Clinic Manual • Contact List

The season change from Autumn to Winter represents a shift and transition to many. A time for gatherings, big wool socks and preparing for the colder seasons. Can you believe we are headed into 2022? The last few years have brought many challenges, adaptations and flexibility to continue to provide FASD assessment and diagnostic services to the individuals we serve. During this holiday season, we hope you find time to reflect on challenges, accomplishments, and prioritize the things that bring you joy.

Rajani Clinic Training Services has also gone through a transition during this quarter. We thank all the Clinic Coordinators, Clinicians and Clinic Teams as we welcome change during this time. It has been great to connect and learn more about what you do, and need.

We are excited to welcome Amber Bell back to our team in her new position. Our team is complete and we are working together to establish our transition plan and settle into our new roles. We look forward to sharing more with you in the new year regarding training and are excited to continue our service to all the clinics in Alberta.

We plan to bring the input from previous discussions and our most recent phone meetings to the Rajani training team to develop training & resources for you this upcoming year. For starters, we look forward to setting a date for a Virtual New Clinic Coordinator training. We plan to welcome new Clinic Coordinators, Coordinators looking for a refresher, and relevant support staff to have a fruitful training and discussion.

Please send any of your requests for support, input for the team or LINKS Newsletter to myself (Kayla) at kvick@lcfasd.com, or Amber at abell@lcfasd.com.

Wishing you a safe & happy winter season on behalf of Rajani Clinic Training Services.



Welcome



Welcome to Amber Bell:

Amber rejoins the Rajani Clinic Training Services team on a part-time basis, as one of our Clinic Training Coordinators (CTCs). Her focus will be supporting, training, and mentoring clinics. At the same time, Amber will continue her work with the Alexander First Nation Pediatric Complex Needs Diagnostic Clinic (CNDC), creating meaningful programming and services for the Nations' children and families. She brings experience establishing and coordinating both adult and pediatric FASD diagnostic clinics since 2014, building on her previous counselling roles in education, mental health and addictions.



Welcome to Jordan M with Centerpoint:

Jordan Clark Marcichiw (RSW) joined Alberta Health Services as the new Intake Coordinator with the Centerpoint Program in October 2021. She is looking forward to learning from and working alongside the LINKS community!



Meet & Greet: Phone Meeting Results

Learning first-hand about all of your clinics was a great experience. Here are two preliminary insights to share from our chats. We are looking forward to sharing more in the new year!

In relation to professional development, what would you, as a Clinic Coordinator, like to know more about? (top 4 noted below)

1. Navigating PAE conversations.

- Guidance on navigating conversations for coordinators, outreach support workers and/or social service providers. Utilizing a trauma-informed approach.

2. Research.

- PAE & twins, assessment & diagnosis of preschoolers, tests utilized during assessment and general interest.

3. Understanding tests used during assessment and understanding the 10 brain domains.

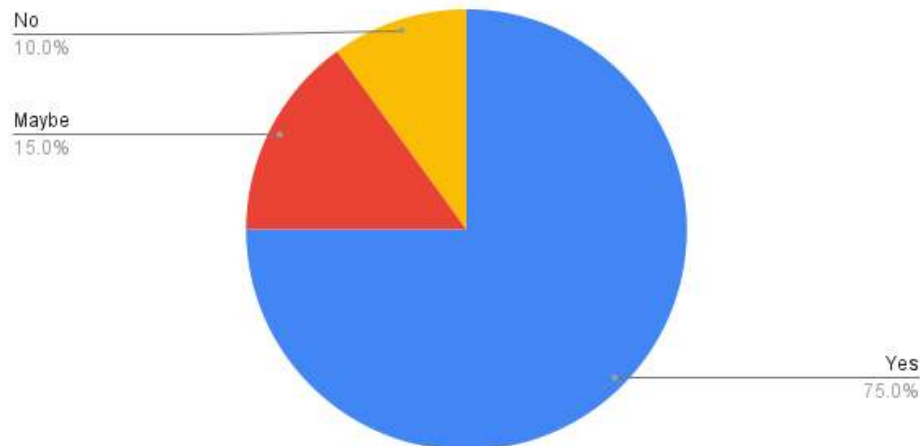
- Knowledge translation, tools and strategies for mentors.

4. Connecting with other clinics.

Clinic Coordinator Community of Practice Meetings:

20 Responses 'No' - happy with annual meeting

Would you be Interested in regular (Alberta) Clinic Coordinator Community of Practice meetings?



Integrated Service Delivery in Fetal Alcohol Spectrum Disorder (FASD): A Review of the Alberta FASD Service Network Model

Katherine R. Flannigan, Andrew J. Wrath, Audrey McFarlane, Lisa Murphy, Lisa Rogozinsky

“...The Alberta FASD Service Network model is a unique integrated FASD service delivery approach established in 2007 which facilitates the delivery of coordinated FASD supports and programs across Alberta. The aim of the current study was to review the evidence pertaining to this model. We identified 45 relevant documents, the findings of which were synthesized to better understand the aims and scope, impacts, and challenges of the Alberta FASD Service Network model and inform future work in FASD research, practice, and policy.”

<https://oadd.org/wp-content/uploads/2021/07/V26-N2-21-351-Flannigan-et-al-v3.pdf>

Suicidality and Associated Factors Among Individuals Assessed for FASD Across the Lifespan in Canada.

Katherine Flannigan, PhD, R. Psych, Carly McMorris, PhD, C. Psych, Amanda Ewasiuk, MSc, Dorothy Badry, PhD, MSW, RSW, Mansfield Mela, MBBS, FWACP, MRCPsych, MSc, FRCPC, W. Ben Gibbard, MD, MA, MSc, FRCPC, Kathy Unsworth, MHSc, MBA, Jocelynn Cook, PhD, Kelly D. Harding, PhD

“Objective: Individuals with FASD experience a range of complex neurodevelopmental, psychological, and socioenvironmental vulnerabilities. There is growing evidence that suicidal ideation, attempts, and death by suicide are significant concerns within this population. In this study, we (1) determined the rate of suicidal ideation/attempts in a large group of Individuals with prenatal alcohol exposure (PAE) who were assessed for FASD in Canada and (2) investigated the associations between suicidal ideation/attempts and select demographic and biopsychosocial factors in this group.”

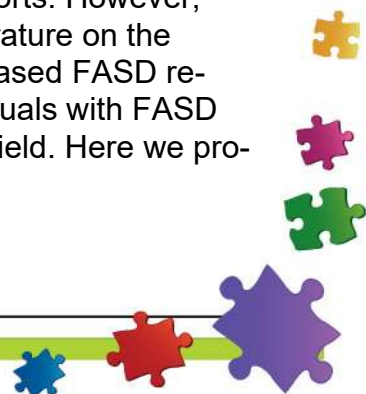
<https://journals.sagepub.com/doi/10.1177/07067437211053288>

Balancing the story of FASD: Narrative Review of the Literature on Strengths

Katherine Flannigan, Andrew Wrath, Chantel Ritter, Kaitlyn McLachlan, Kelly D. Harding, Alanna Campbell, Dorothy Reid, Jacqueline Pei

“Abstract: For many years, researchers have explored the complex challenges experienced by individuals with FASD. This research has been important for documenting the brain and body-based impacts of prenatal alcohol exposure and the psychosocial vulnerabilities and environmental adversities frequently associated with FASD. It has also supported advocacy efforts and highlighted the necessity of providing FASD services and supports. However, with the focus on deficits and needs, there is a considerable gap in the literature on the strengths and successes of individuals with FASD. The lack of strengths-based FASD research has likely perpetuated the stress and stigma experienced by individuals with FASD and their families. Thus, there is a critical need to shift the direction of the field. Here we provide a narrative review of the literature on strengths in FASD.”

<https://onlinelibrary.wiley.com/doi/full/10.1111/acer.14733>



Participants Needed!

Evaluation of the Psychotropic Medication Algorithm for Fetal Alcohol Spectrum Disorder: Dr. Mela & his team are seeking clinicians to evaluate their decision tree-style medication algorithm to understand the effectiveness and allow for improvements for future iterations.

To learn more & participate: <https://form.jotform.com/200427322639249>

Caregiver Survey: CanFASD is seeking participants who identify as a caregiver for someone with FASD.

“Purpose of the Study: FASD is a complex disability. Caring for someone who has FASD comes with unique challenges and successes. Unfortunately, there has not been much research to understand the whole experience of caring for someone with FASD across the lifespan”

To learn more: <https://redcap.ualberta.ca/surveys/?s=YCN8XAEPECH4RWCX>



Mock Champagne

2 (2 liters) ginger ale
1 liter pineapple juice
1 liter white grape juice

Serve in cocktail glass with sugar rim, fruit garnish of your choice, umbrella, etc. Great idea for children at special events too!

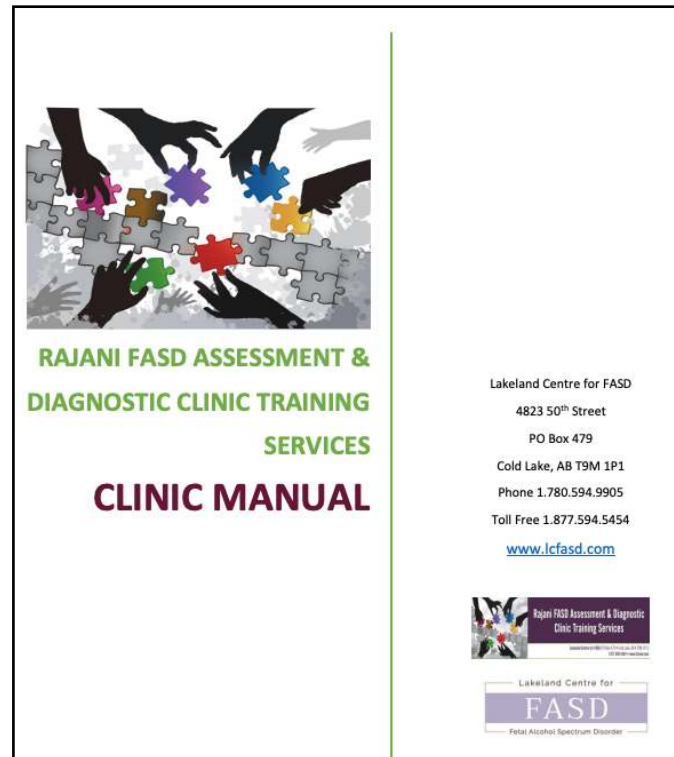


Clinic Manual

Clinic Manual (2021): An Overview

Submitted by Colleen Burns

The Rajani FASD Assessment and Diagnostic Clinic Training Services Clinic Manual, was revised in 2021. The road to completing this document was extensive, thorough, carefully researched and cooperative. Expertise from many disciplines was shared and used throughout the sections. The original manual was written in 2011-2012, and since then, the scope of assessment and diagnostic clinics have grown. Tasks carried out by clinic coordinators, managers, clinicians and other stakeholders have developed with research and best practices. There are varied clinic models; increased expertise within clinics; and expanded training opportunities (online and face – face) for teams. Content for this manual had to keep up with these changes, and as a result, additional and timely information is included:

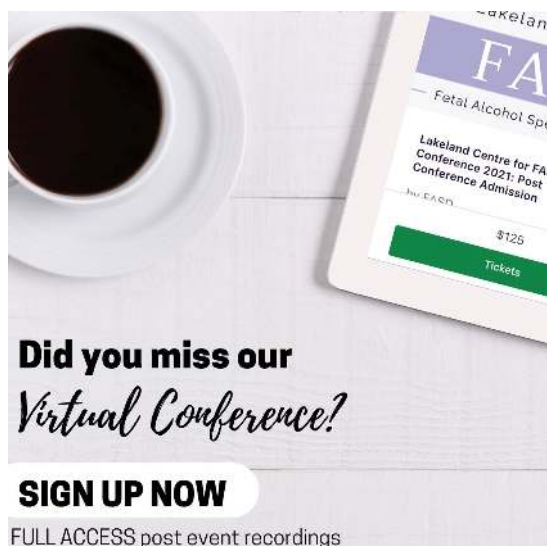


- Many clinic models have shifted from a “2 clients/day”, in person clinic model to services that accommodate virtual platforms (esp. since COVID 19), a mix of virtual and face-to-face, and using the facial photography software (U of Wash).
- Clinician roles are better defined, with emphasis on the education, expertise and skills required for the neurodevelopmental assessments completed for FASD clinics.
- Waitlists and wait times are common amongst clinics, with recommendations on how to manage these growing numbers.
- Cultural safety and competence are at the forefront and require a thoughtful and considerate approach and awareness amongst all teams and stakeholders.

Copies of the Clinic Manual were mailed out to all AB FASD Clinics. If you have not received an updated version of the Clinic Manual or have any questions please email kvick@lcfasd.com



Courses & Conferences



CLICK LINK BELOW FOR TICKETS:

[Lakeland Centre for FASD post conference tickets](#)



FASD SYMPOSIUM TSAF

A new look at addressing mental health including stigma faced by people with Fetal Alcohol Spectrum Disorder (FASD)

Un nouveau regard sur la santé mentale, y compris la stigmatisation des personnes ayant un Trouble du spectre de l'alcoolisation fœtale (TSAF)

<https://www.able2.org/events/fasd-symposium/>

JANUARY 25 JANVIER 2022



ABLE2



Webinar: The Sensory World of People with FASD

“Part 1 of this series introduced sensory processing and interoceptive sensory awareness. Using a conversation approach, Part Two will explore proprioception and vestibular processing, how these two senses affect daily function, and the positive impact of Occupational Therapy.” Stay tuned for Part 3, coming in 2022!

Part One and Two are posted on CanFASD's youtube page.

Part 1: <https://youtu.be/LL7HyBoCI3g>

Part 2: <https://youtu.be/CRwO5CZrNXQ>



FASD Assessment & Diagnostic Clinic

Contact List

Updated: December 2021

C | Child Clinic A | Adult Clinic

Cumulative Risk Diagnostic Clinic (C)

Child Development Centre
Alberta Children's Hospital
2888 Shaganappi Trail NW
Calgary, AB T3B 6A8
Phone: 403-955-5878
Contact: Bernadette Jesse
Bernadette.Jesse@albertahealthservices.ca

Siksika FASD Clinic (C) (A)

Box 1130
Siksika, AB T0J 3W0
Phone: 403-734-5687
Contact: Vanessa Buckskin
vanessab@siksikahealth.com

Central Alberta FASD Network Clinic (C) (A)

#206-33 McKenzie Cres.,
Red Deer County, AB T4S 2H4
Phone: 403-342-7499
Contact: Allyssa Deheer
adeheer@fasdca.ca

Pediatric FASD Clinical Services, (C)

Glenrose Rehabilitation Hospital
10230-111 Avenue
Edmonton, AB T5G 0B7
Phone: 780-735-8278
Contact: Diane Plouffe
Diane.plouffe@albertahealthservices.ca

Glenrose Adult FASD Assessment Clinic (A)

Glenrose Rehabilitation Hospital
10230-111 Avenue
Edmonton, AB T5G 0B7
Phone: 780-735-6166
Contact: Bernadene Mallon
Bernadene.Mallon@albertahealthservices.ca

Canadian FASD Diagnostic & Training Centre (C) (A)

316 Kingsway Garden Mall NW
Edmonton, AB T5G 3A6
Phone: 780-471-1860
Contact: Morgan Dumville
info@dvmasey.com

Centrepont Young Offender Program (C)

Suite 701, 10242- 105 Street
Edmonton, AB T5J 3L5
Phone: 780-428-4524, ext. 227
Contact: Roxanne Pereira
Roxanne.Pereira@albertahealthservices.ca

Lakeland Centre for FASD (C) (A)

P.O. Box 479
Cold Lake, AB T9M 1P3
Phone: 780-594-9905
Contact: Tia Luedee
tluedee@lcfasd.com

Northwest Primary Care Network (C)

Children and Youth FASD Diagnostic Clinic,
11202-100 Avenue
High Level, AB T0H 1Z0
Phone: 780-841-3253
Contact: Vacant Position

Northwest Regional FASD Society-Mackenzie Network (A)

Box 3668
High Level, AB T0H 1Z0
Phone: 780-926-3375
Contact: Kimber Lepensee
clinic@nwr-fasd.ab.ca

Complex Needs Diagnostic Clinic (C)

Wapski Mahikan Society, Alexander First Nation
Box 3479 Morinville, AB T8R 1S3
Phone: 780-853-7723
Contact: Amber Bell
adbell@ualberta.ca

This clinic contact list is maintained and updated, and is in each Links newsletter. It is frequently sent to AB government stakeholders, CMC, upon request to research and other projects, such as the common data form project. Having your correct information is important to us. If there are changes to your clinic contacts (address, ph. number, coordinator changes), please email kvick@lcfasd.com

Please check your clinic contact information in this issue. Thanks!

FASD Assessment & Diagnostic Clinic

Contact List

Updated: December 2021

C | Child Clinic A | Adult Clinic

Alberta Health Services/NEAFAN (C) (A)

600 Signal Road
Fort McMurray, AB T9H 3Z4
Phone: 780-750-6678
Contact: Marguerite Fitzpatrick
Marguerite.Fitzpatrick@albertahealthservices.ca

NW Peace FASD Diagnostic Clinic (C) (A)

#204, 9805-97 Street
Grande Prairie, AB T8V 8B9
Phone: 780-533-5444
Contact: Michelle Perron
michelle@nwfasd.ca

North West Central FASD Assessment & Diagnostic Team (C) (A)

Box 5389
Westlock, AB T7P 2P5
Contact: Sharon Pearcey
(C) sharonp@nwcfasd.ca
(C) 780-284-3415
Jenn Pasic
(A) jennp@nwcfasd.ca
(A) 780-974-7112

Pediatric Specialty Clinic, (C)

Children's Rehabilitation Services-Central Zone
300 Professional Centre
5015-50 Avenue,
Camrose, AB T4V 3P7
Phone: 780-608-8622
Contact: Lorraine McPhee
Lorraine.McPhee@albertahealthservices.ca

Prairie Central FASD Clinical Services (A)

#205, 4917 50 Ave
Camrose, AB T4V 0S2
Phone: 587-386-0186
Contact: Amanda Lindholm
a.lindholm@prairiecentralfasd.ca

Lethbridge Family Services-DaCapo Services (C) (A)

FASD Assessment & Diagnostic Clinic
1107-2nd Ave. "A" N.
Lethbridge, AB T1H 0E6
Phone: 403-320-9119
Contact: Miranda Braun mbraun@lfsfamily.ca (A)
Fayla Vedres fvedres@lfsfamily.ca (C)

Alberta Hospital Edmonton-Turning Point Program (ages 12-21 yrs.)

17480 Fort Road, Box 307
Edmonton, AB T5J 2J7
Phone: 780-342-5002
Contact: Sherry Muscat, Reg. Psychologist
Sherry.muscat@albertahealthservices.ca

Foothills FASD Assessment and Diagnostic Clinic (C)

Box 5146
101, 520 Macleod Trail
High River, AB T1V 1M3
Phone: 403-652-4776
Contact: Kathy Lambourn
Kathy.lambourn@foothillsfas.com

Enviros Neurodevelopmental Assessment and Diagnostic Centre (C) (A)

#220, 3115-12th St NE,
Calgary, AB T2E 7J2
Phone: 587-390-7045
Contact: Holly Jopling
ndc@enviros.org

Mustard Seed FASD Clinic (A)

1010 Centre St. SE
Calgary, AB T2G 0V8
Phone: 587-393-4020
Contact: Erin Bareham
Erinbareham@theseed.ca

FASD Assessment and Support Services (C) (A)

Bridges Family Programs
477 Third Street SE
Medicine Hat, AB T1A 0G8
Phone: 403-526-7473
Contact: Louisa Clapper
FASD.bridges@memlane.com

Our strength will grow through community

